



KNOWSLEY

Joint Health and Wellbeing Strategy Summary

2013-2016



About us

The Knowsley Health and Wellbeing Board

Knowsley Health and Wellbeing Board is a partnership between the Council, Knowsley Clinical Commissioning Group (GP's) and Healthwatch Knowsley (a public consumer champion for Health and Social Care). The Board has representatives from the council, Clinical Commissioning Group (GP's), NHS, locally elected members (councillors) and the public.

We enable local organisations to work effectively together, using resources to improve the health and wellbeing of people in Knowsley. We make key decisions about local health and wellbeing priorities and along with the public, hold the new health system locally to account to address the Borough needs.

The Joint Health and Wellbeing Strategy shows our commitment and vision to address the health and wellbeing priorities. It outlines our agreed ways of doing things so all our partner efforts add up to a bigger impact and better outcomes for the people of Knowsley. We believe that by doing this we will see greater improvements in health and wellbeing in the Borough.

We are pleased to share with you our vision and plans to improve health and wellbeing in the Borough.

This is a summary of our Joint Health and Wellbeing Strategy, which is available at www.knowsleyhwb.org.uk



Our strategy

The following two page plan shows the key aspects of the strategy

The big issues in Knowsley

The big health and wellbeing issues in Knowsley are based upon the findings of the Joint Strategic Needs Assessment (JSNA) which identified 10 priority areas. The Board has added 4 more priorities to reflect the issues that influence them all. These are population change, particularly due to an aging population, high use of specialist

services and hospitals, high dependency and mental health, these are listed on 'key issues' on page 4.

A copy of the JSNA is available at www.knowsleyhwb.org.uk

What do we want to achieve?

Our aim is to improve the health and wellbeing of everybody that lives, works or is registered with a GP in Knowsley.

We decided to use a life course approach to improve health and wellbeing, which included eight life stages as detailed in the plan (page 4), plus one main (overarching) outcome:

People living longer, healthy lives in Knowsley, getting closer to national figures and the gap in average length of life closing within Knowsley

What will success look like?

Together we identified outcomes that we wanted to see improved at different stages of people's life. We then discussed these widely with local people, partners and other stakeholders, to identify what success would look like and what we need to do to make it happen. These are detailed in the plan (page 4).

How will we get there?

We have identified the things needed to help improve people's health and wellbeing. These include; working together to improve health and wellbeing, strong leadership, empowering people, service improvement and a focus on prevention and protection.

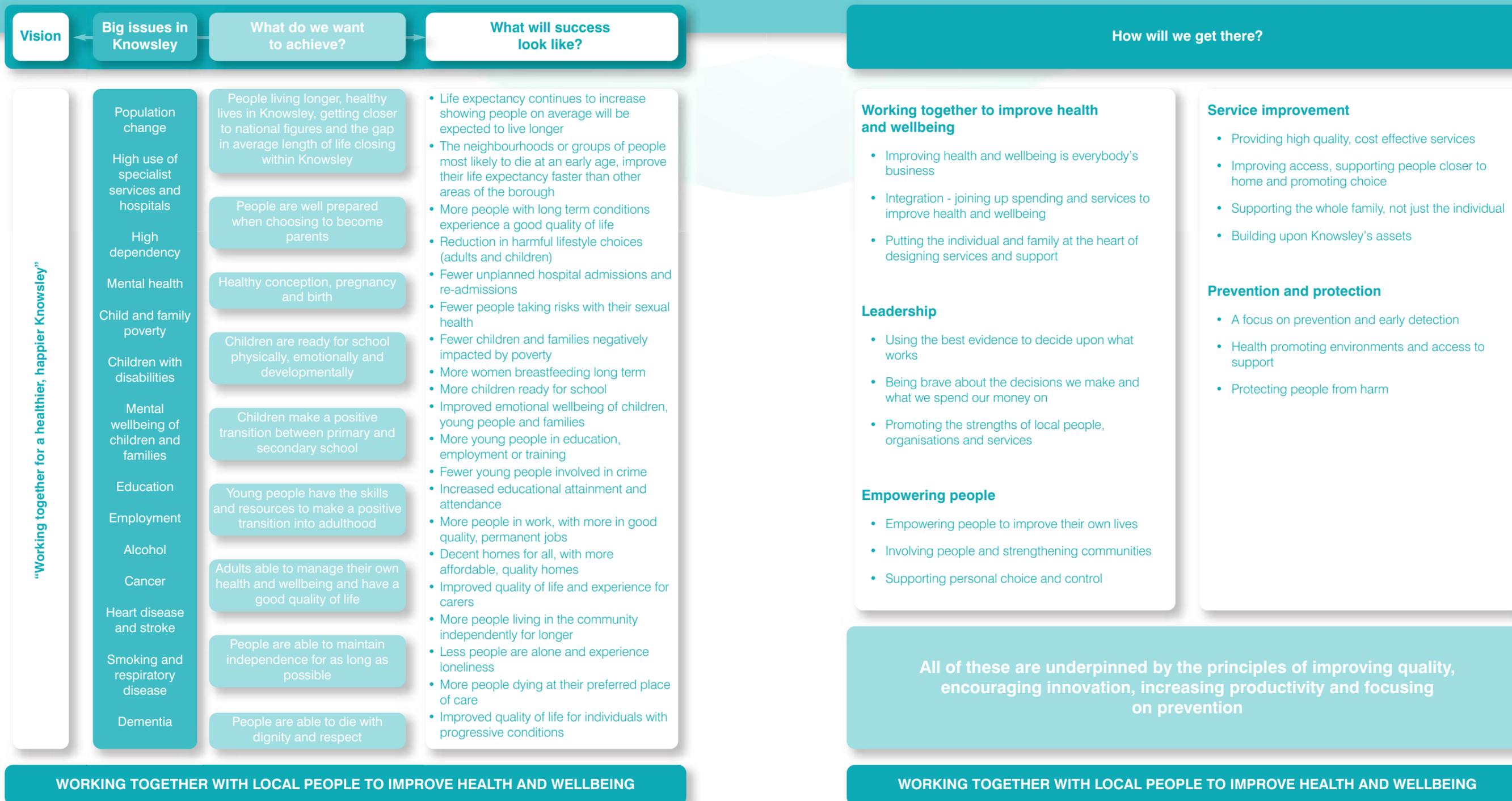
These are detailed in the plan (page 5).

Our vision

'Working together for a healthier, happier Knowsley'

By working together, we want to help everybody to reach their full potential. We will achieve this by having one set of priorities across the Council and Knowsley's Clinical Commissioning Group.

Plan summary



Making it happen

We have identified four priorities which the Board partners will focus on together during the first 18 months. These are:

1. **Mental Health**
2. **Alcohol**
3. **Respiratory disease (breathing difficulties) / smoking**
4. **Appropriate, effective use of services**

The Board will also continue to build relationships, develop new partnerships and look at innovative, more effective and more integrated ways of working.

1. Mental Health

- Single point of access to mental health services
- Access to quality Child and Adolescent Mental Health Service (CAMHS) provision for children and young people
- Improving health of people who are out of work
- Ensuring appropriate support for people with Dementia and their carers

2. Alcohol

- Reducing Hospital admissions (or re-admissions)
 - Alcohol liaison service - dealing with alcohol hospital admissions
 - Brief interventions in all front line services people trained and providing brief advice and signposting to alcohol support)
- Increased recovery in treatment services
- Reduced access to 'pocket money' price alcohol

3. Respiratory disease (breathing difficulties) / smoking

- Increase the proportion of four week quitters staying smoke free for 12 months
- Reduce smoking in pregnancy
- Reduce respiratory hospital admissions, including childhood asthmas

4. Appropriate, effective use of services

- Behaviour change - influencing public choices on when to access specific specialist services and unplanned care (such as A&E)
- Stronger families (nationally known as troubled families) - developing mechanisms for early intervention and support (and information sharing)
- Preventing re-admissions - improved, safe discharge, with appropriate planning and support in place for people prior to leaving hospital

Who will make it happen?

The Health and Wellbeing Board are responsible for the strategy. We will make sure that actions are being taken, improvements are being made and that partners are working together to improve health and wellbeing of people in Knowsley. However, to improve health and wellbeing we need it to be everybody's responsibility.

How will we know we have made a difference?

We will know a difference has been made if people living, working and registered with a GP in Knowsley can see improvements in their own, families and friends health and wellbeing. We will find this out by:

- Asking local people for their views on whether a difference has been made.
- Monitoring the success measures.

We will evaluate the effectiveness of the Health and Wellbeing Board annually.

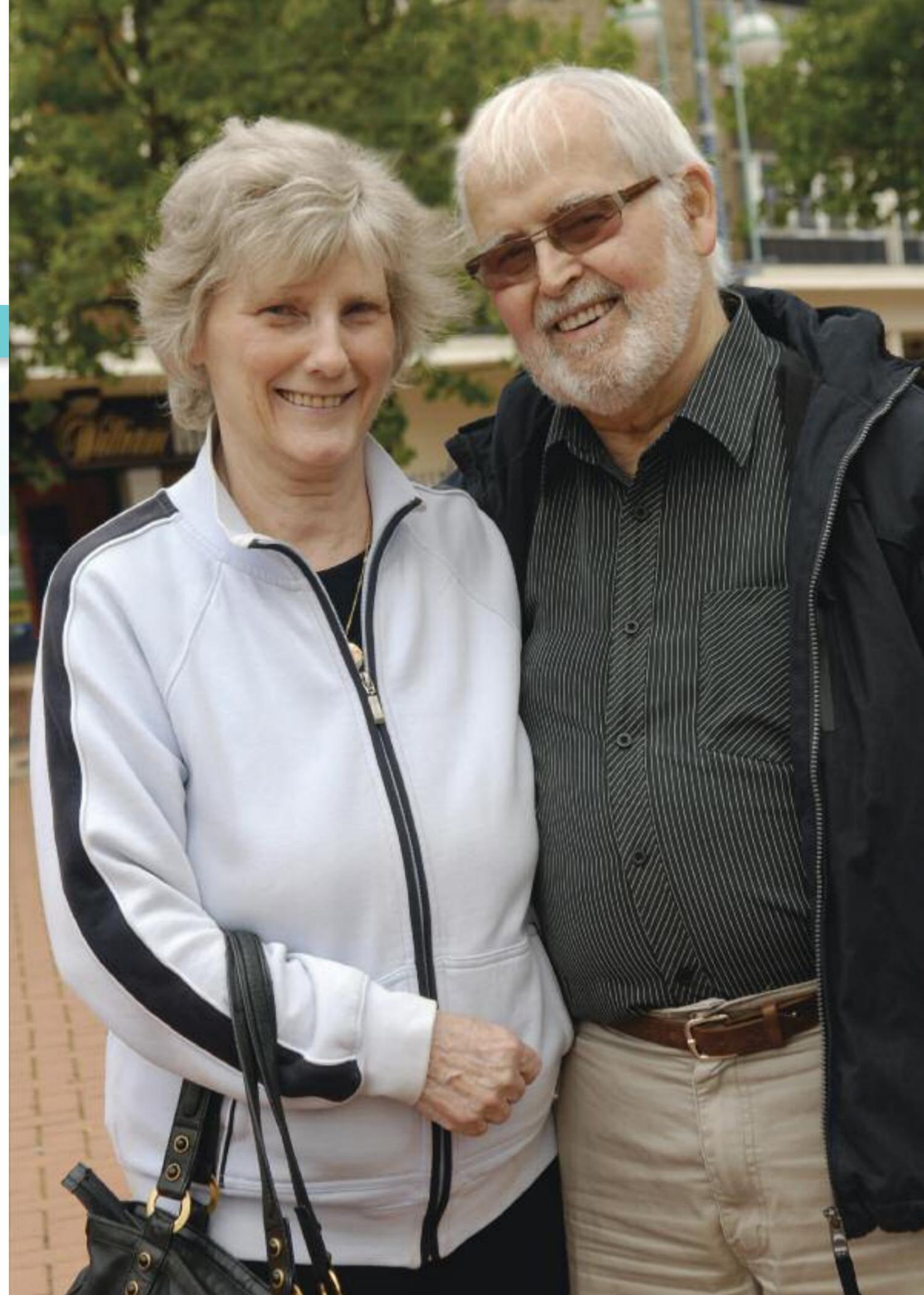
For further information

Copies of the documents are available on request in various formats. Further information about the Health and Wellbeing Board and the Joint Health and Wellbeing Strategy are available at www.knowsleyhwb.org.uk

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You can also get this information in other formats.
Please phone Customer Services on 0151 443 4031,
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Knowsley Clinical Commissioning Group

